



# Current Drug Trends Among Youth

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# 2024 Current Drug Trends Among Youth

Fort Bend Community Prevention Coalition

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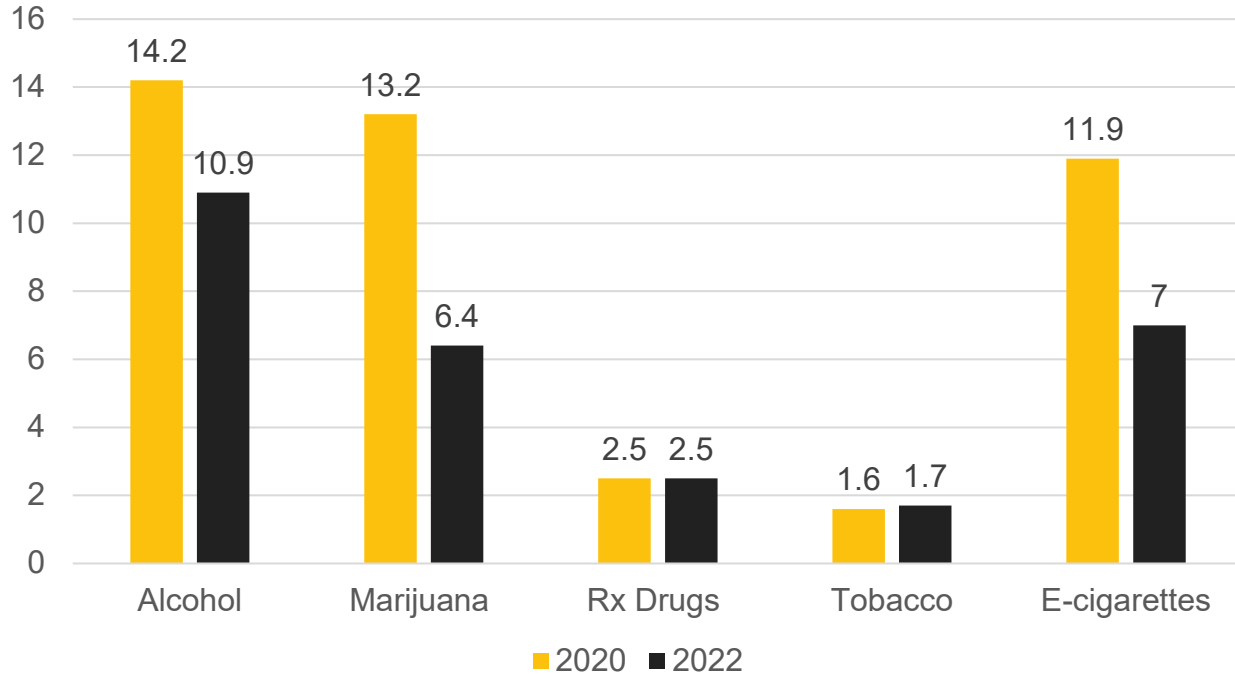
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# Current Drug Use Among High School Students

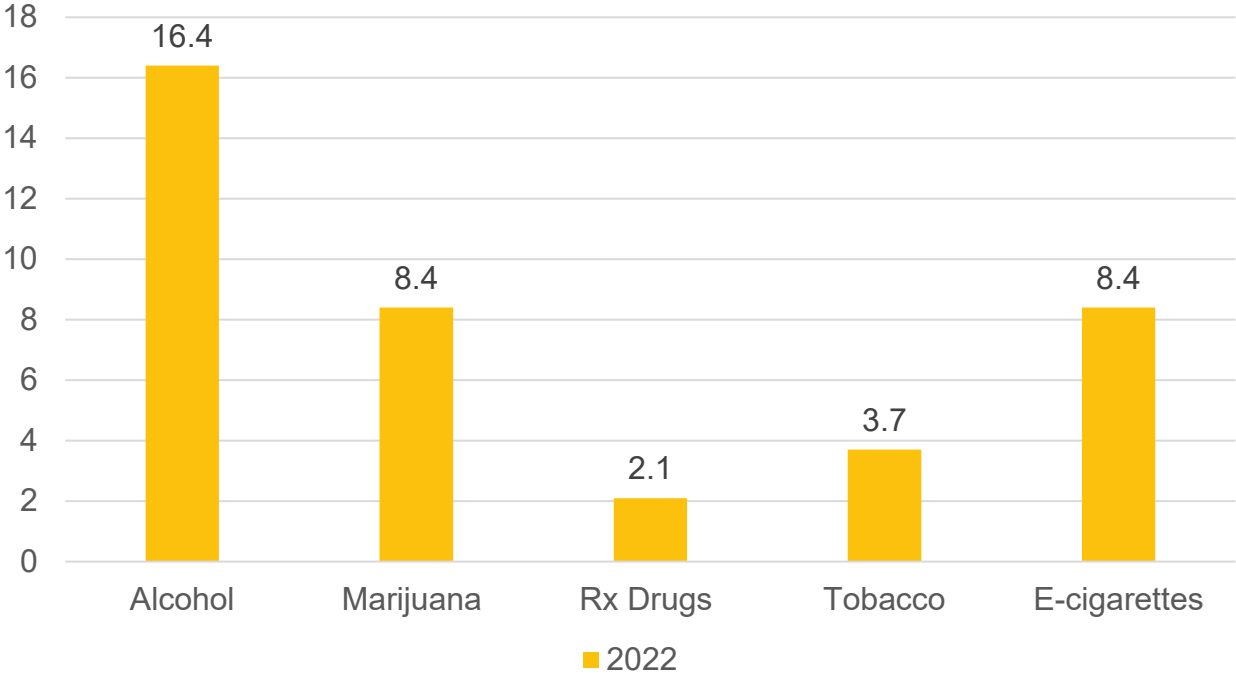
Fort Bend County School Data –  
Substance Use Within the Past 30 Days



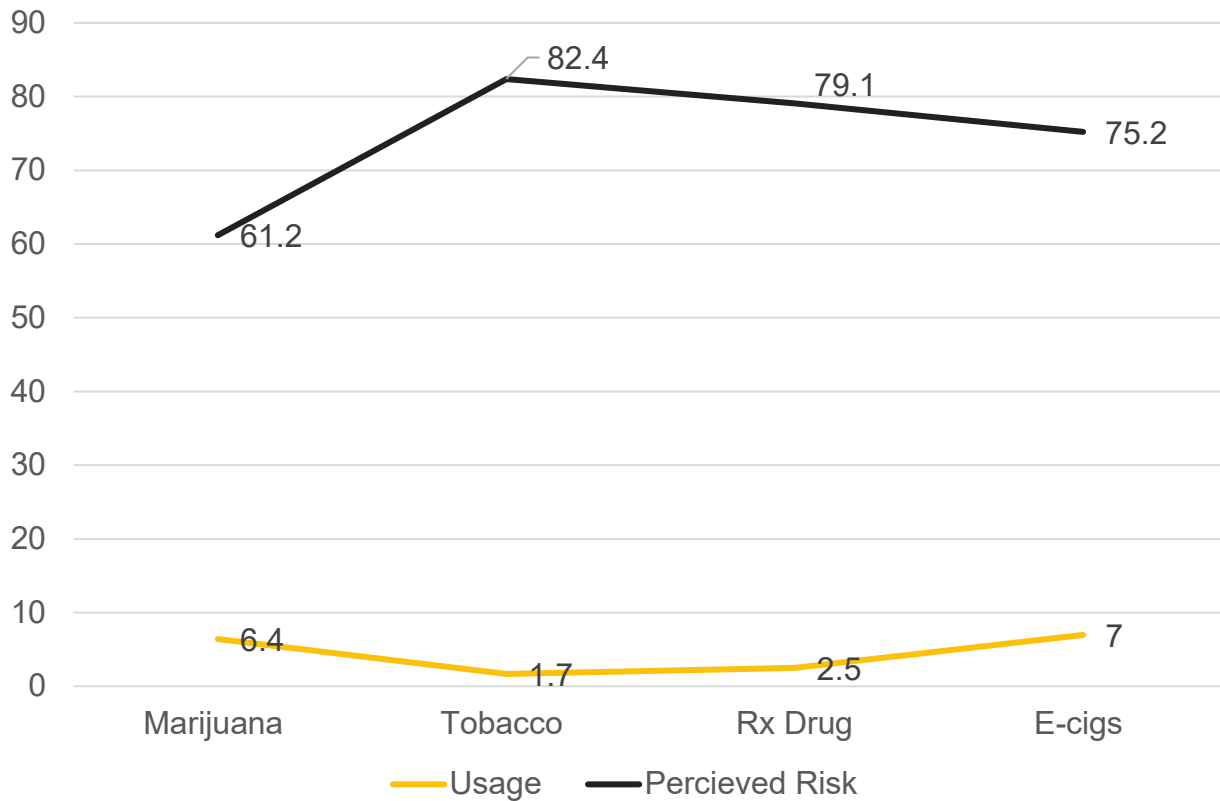


# Annual Use Among High School Student

Fort Bend County School Data –  
Substance Use Within the Year



# Perception of Harm





# E-cigarettes and Vaping

- E-cigarettes are battery-operated devices that produce an aerosol by heating a liquid that contains nicotine or other chemicals
- Originally marketed as a safer alternative to smoking conventional cigarettes.







# Vaping

- It Doesn't
  - Produce tobacco smoke
- It Does
  - Contain nicotine, highly addictive and extracted from tobacco
  - Carcinogens and other toxic chemicals







# E-liquid or Vape Juice



## Tobacco & Vaping Companies

Specifically targeting kids with sweet flavors



## Social and tradition media

Advertising and normalizing use



## E-cigarette Ban

As of January 2020, the FDA has ban the production all flavored e-cigarettes (other than menthol and tobacco) in “closed” cartridges

# DISPOSABLE VAPES



## Single Use Vapes





# “THC Oil,” “Butane Hash Oil” or “Dab Oil”



Hash oil is made by using the solvent, butane, to extract the THC from marijuana or hashish to produce an amber-colored waxy substance which can then be smoked, ingested or vaporized.



**ALWAYS INVESTIGATING**  
**DENV** CONSUMING MARIJUANA WITHOUT THE DETECTABLE SMELL  
VAPORIZING PENS USED TO INHALE CANNIBAS OIL

# Hookah Pens



Contains hookah tobacco and nicotine



Flavors are still available



Closed cartridges and disposable still available

# Vanilla Extract







# Alcohol Infused Candy & Items





# DRY ALCOHOL/VAPING ALCOHOL



Inhaled alcohol goes directly into the bloodstream accelerating the rate of intoxication

Teens get drunk quicker and stay drunk longer

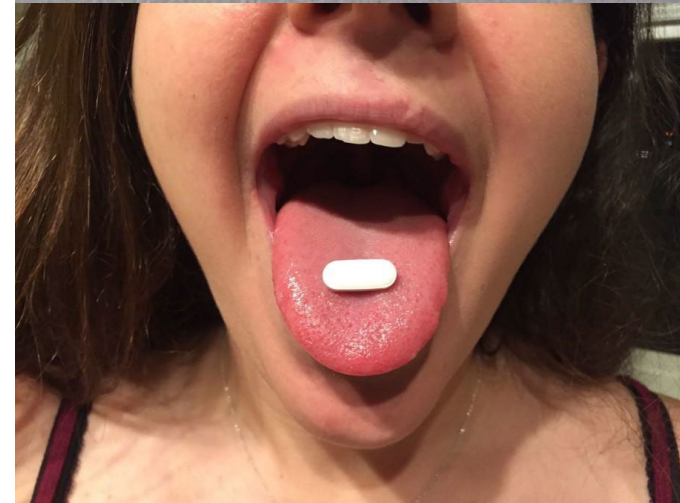
# Xanax also known as “Xannies” “Benzos” or “Handlebars/Bars”



An addictive benzodiazepines



Used to treat anxiety







# Stimulants



Prescription stimulants are medications used to treat attention deficit hyperactivity disorder (ADHD), Ritalin, Adderall, Concerta and Vyvanse.



Why? To cope with stress and academic pressure and getting extra energy to study longer





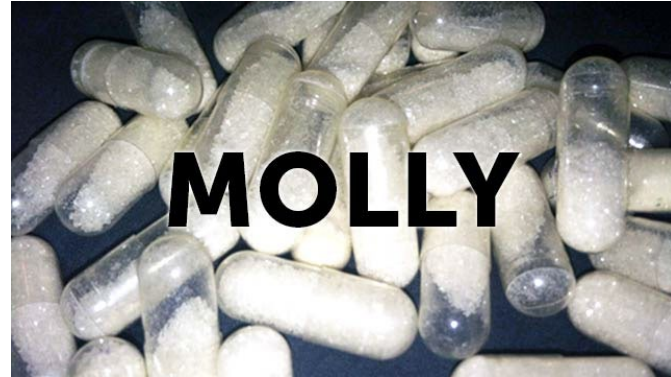
# Molly



Molly—slang for “molecular”—refers to the pure crystalline powder form of the club drug MDMA, which in pill form is known as ecstasy.



MDMA in any form produces energy and euphoria in users but also may dangerously affect body temperature and cause confusion, depression, and sleep problems.





# Fentanyl

- Pharmaceutical fentanyl is a synthetic opioid, that is 50 to 100 times more potent than morphine. It is approved for prescription use in the U.S. to treat severe pain.
- Opiates/opioids is the Houston Area's second highest level drug threat in large part due to fentanyl.



# Rainbow Fentanyl also called “Skittles” or “Legos”



Rainbow fentanyl are bright-colored pills designed to look like candy.



Rainbow fentanyl are known regionally as new age version of ecstasy pills and pretty much be marketed as that.



# “Syrup,” “Purple Drank,” “Sizzurp,” “Lean” “Dirty Sprite”



Drinking prescription-strength cough syrup containing codeine and promethazine mixed with soda and a jolly rancher

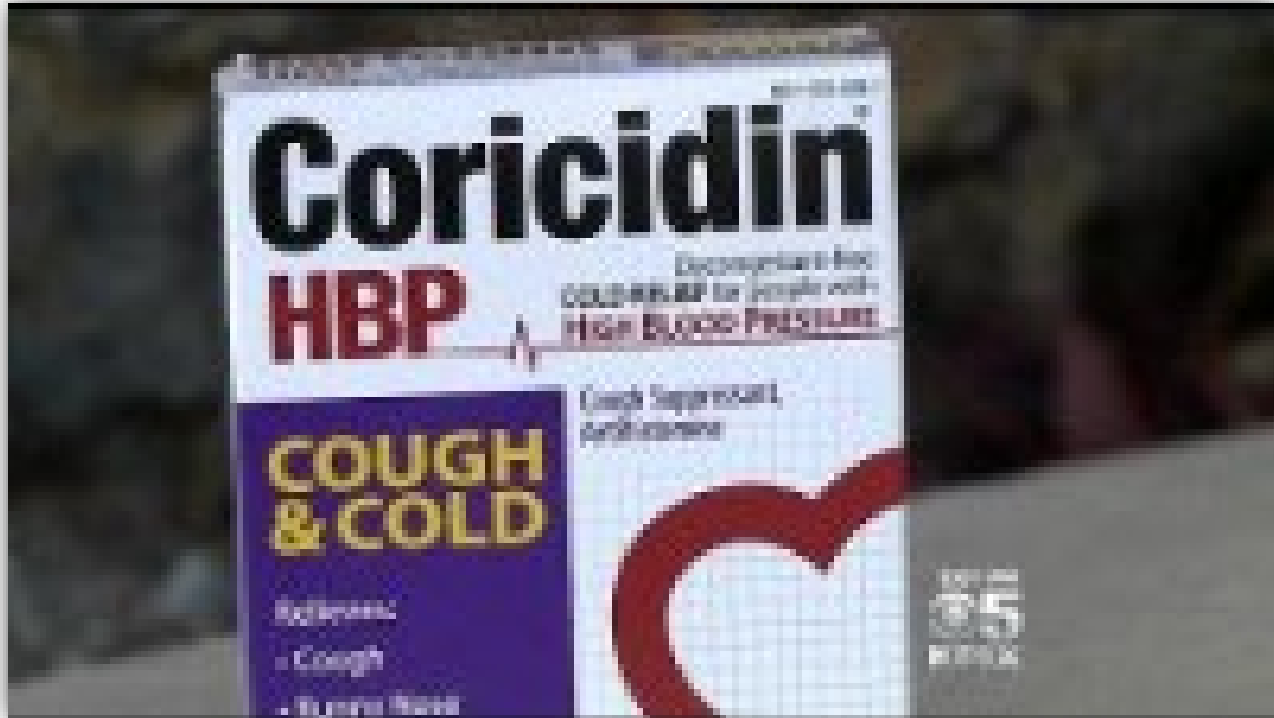




# “Triple C” or “Skittles”



Multiple Coricidin products contain the cough suppressant dextromethorphan, a medication that can produce hallucinations and dissociation when taken in high doses.





# Marijuana Edibles



Marijuana edibles are food items made with marijuana or marijuana oils.



Types of edibles include:

- Brownies
- Cookies
- Chips
- Chocolates
- Muffins
- Cereal Bars
- Pasta
- Drinks
- Teas
- Alcohol
- Cupcakes
- Coffee



10  
Posts

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Message





# SMOKING VS EDIBLES





# Magic Mushrooms



## Mental effects of mushrooms are:

- Distorted sense of time, place, and reality
- Euphoria
- Hallucinations (visual or auditory)
- Having introspective (spiritual) experiences
- Nervousness
- Panic reactions
- Paranoia
- Psychosis

## Physical effects of mushrooms include:

- Dilated pupils
- Drowsiness
- Headaches
- Increased heart rate, blood pressure, and temperature
- Lack of coordination
- Muscle weakness
- Nausea
- Yawning

# Music Promoting Drug Use



10 out of the top 15 song on the Billboards mention drugs and alcohol in their lyrics



# Youtubers/Media Promoting Drug Use



## My First Time Vaping With Friends!

Jess Lizama • 3.9M views • 1 year ago

Sounds like a meme, moms who vape but I had THE best time with my best babes! This product DOES NOT contain the popcorn ...

6:51



## Elders React To Vaping (JUUL) For The First Time

FBE • 5.1M views • 8 months ago

Elders react to vaping (JUUL) for the first time. Join the SuperFam and support FBE: [https://www.youtube.com/user/React/join ...](https://www.youtube.com/user/React/join...)

CC

10:10



## I Try VAPING for the FIRST TIME... (This is hard)

Outlaw •

4.5M views

15:15



## learning how to JUUL from my little brother!

Gabriella Marie • 3.3M views • 1 year ago

Imao I caved in and finally got JUUL bro. My little brother and his friend need help tbh. UMMM this ...

4:38



## Grandmas Smoking Weed for the First Time | Strange Buds | Cut

Cut • 31M views • 4 years ago

Sponsor this series: <http://bit.ly/2zMPH19> Fear Pong is now a game! Get it here: <http://www.fearponggame.com> » SUBSCRIBE: <http://www.youtube.com/channel/UC...>

CC

6:01

# The Teenage Brain Is Primed For Addiction





# Talk to your kids

1

Stay informed

2

Talk to them  
early and  
consistently

3

Pay attention  
and discourage  
risky behavior



**Free FBCPC Resource:** Tips for starting conversations with your kids about drugs and alcohol



Email for a copy:  
[libekwe@fortbendcouncil.org](mailto:libekwe@fortbendcouncil.org)

### More resources

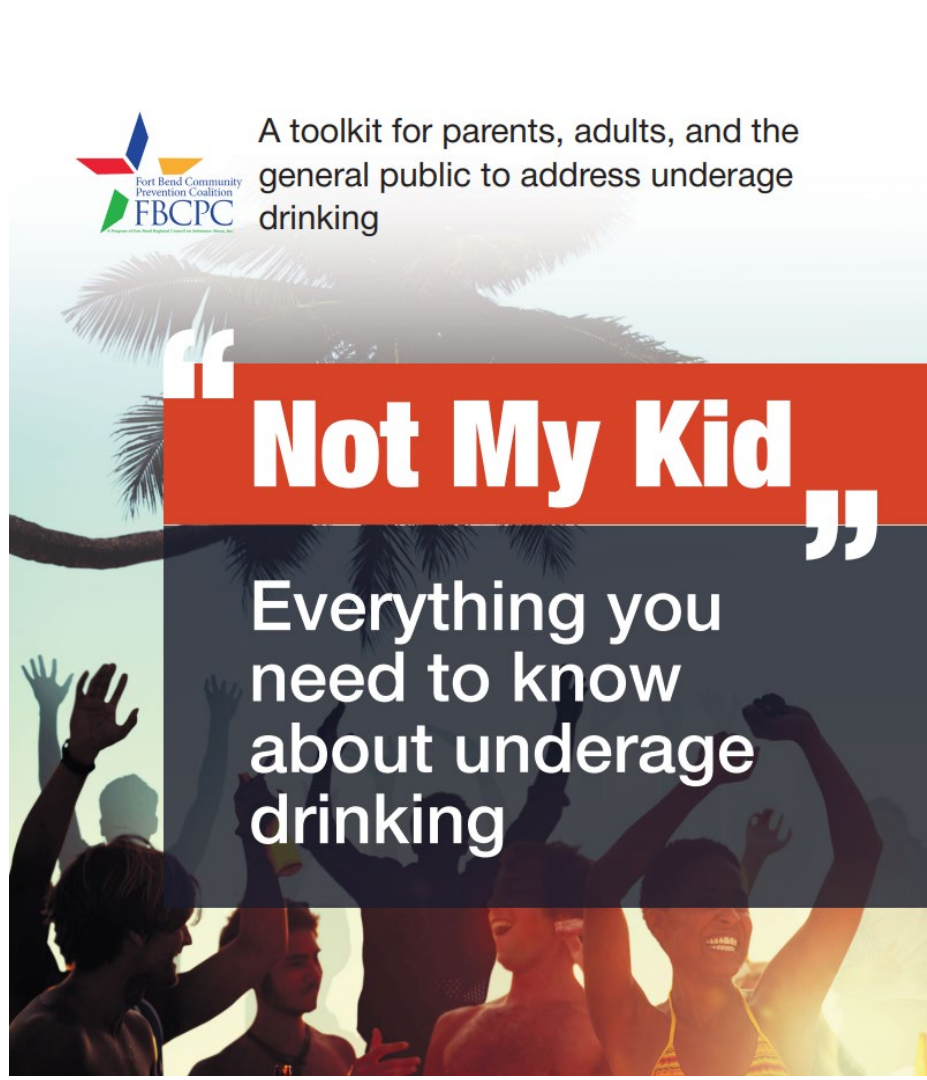
- ❑ **SAMHSA – Talk They Hear You Campaign :**  
<https://www.samhsa.gov/talk-they-hear-you>
- ❑ **Parent Operation – Free Parent Webinars:**  
<https://www.operationparent.org/parent-webinars>



A toolkit for parents, adults, and the general public to address underage drinking

“**Not My Kid**”

Everything you need to know about underage drinking







# HIDDEN IN PLAIN SIGHT

A Mock Teen Bedroom



# THANKS!

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