

Fort Bend Community Prevention Coalition
Meeting Minutes: January 29, 2015
Location – Fort Bend ISD Administration Building, Room 222 ABC

Members In Attendance: Mickey Ary, Susan Harris, Annette Henderson, Taylor McFarland, Payal Patani, Meg Samuel-Siegel, Dr. Terry Sheneman, Michele Sims, Dr. Bob Conlon, Venesa Besiris, Andrea Ortiz, John Robson, Shumeka Johnson, Mary Kiernan, Missouri City Councilmember Chris Preston, Mandi Shexnayder, Jessica Shephard

Welcoming: Bruno Thouin (The Council), William McDonald (College Student studying Prevention), Christina Davis (Sugar Creek Baptist Church), Terrie Tingle (LCDCI & Prevention Student w/FB Council), and Leticia Hardy (Fort Bend Extension)

Welcome, Introductions & Member updates:

- Mickey Ary welcomed coalition members and visitors and thanked everyone for coming. Mickey invited members to introduce their guests: Michele introduced William McDonald and Terrie Tingle. Mickey introduced Christina Davis. Bruno Thouin was invited by Shumeka Johnson. Mickey then asked existing members to introduce themselves. Upon his arrival Missouri City Councilmember Chris Preston, also a guest of Michele's, introduced himself.
- Susan Harris and Stephanie Kellam helped connect Leticia Hardy, who is new to this area, to the coalition.
- Payal Patani read the mission statement.
- Meg recognized Michelle Sims as a Coalition Champion for her hard work in creating awareness for the FBCPC and presented her with a certificate for her accomplishments.
- Chris Preston presented the coalition with a gift card to help purchase refreshments for a future meeting.

Review of Meeting Minutes:

- Meeting minutes from November 20, 2014 coalition meeting were reviewed.
- Mickey asked for motion to adopt or to change minutes. Annette Henderson made the motion to accept the minutes. Mickey asked all in favor to raise their hand. No one opposed.

Assessment:

- Update on the Texas Standing Tall -Zero Alcohol for Youth Campaign (ZAYC) survey. As a result of the 6-7 question survey given by the youth coalition at Bush High School, they received 190 student and 19 staff responses. Students received incentives for participating and now data collected will be analyzed to configure a plan to address the issues.
- Meg shared details about UH Sugar Land chemical dependency screening; 84 responses were received. Laura Jenkins was there to provide resources to respondents with a positive screen. The chemical dependency screening was incorporated into UHSL's National Depression Day event on 11/20 as a result of a meeting Payal and Meg had with Dr. Blomstrom and Dr. Bacon, who teach on the campus. That meeting was the result of Evelyn Traylor's inviting Dick Phillips, Associate Vice Chancellor University of Houston Systems at Sugar Land to our October coalition meeting. All participants were thanked for their contribution for a great event.
- Copies of the coalition's Community Survey, which was recently developed with assistance from our outside evaluator, were passed out. Coalition members were asked to complete one copy and take one back with them, in case they have an opportunity to

collect data. Leticia Hardy, with Texas A&M AgriLife Extension, has offered to bring the survey to health fairs.

Capacity Building:

- Coalition directory was passed around among the members to make any necessary changes
- Meg mentioned that we are still in need of a media sector representative so encouraged members to invite whoever they felt would be a good fit. The coalition is required to have a rep for each sector so this is imperative.
- Connecting with key stakeholders- Mickey Ary recently gave a presentation at Oyster Creek Rotary Club meeting on behalf of the coalition. Mickey noted that the coalition would like to do more of these in the community and he urged members to inform the staff if they are aware of any type of awareness opportunity. He also noted that the other Executive Committee members have volunteered to take part in presentations as well.
- It was announced that Bob Conlon, Meg, Payal, Teresa, Laura & Michele will be attending the CADCA (Community Anti-Drug Coalitions of America) Forum near Washington D.C. the week of February 1st and graduating from the National Academy- A great achievement!
- Mickey announced he wants to hold a Coalition Awareness breakfast in the near future for current members to invite potential volunteers to learn more about the coalition and what drives it. Executive Committee and staff to meet and decide on a date and then communicate it to all of the Coalition members via email.

Planning:

- WATCH Health Fair- The coalition will be providing a photo booth for the event on 2/28 from 10 am-2 pm and we will be using a theme of "I Choose" & "Above the Influence" for the pictures. Members were asked if they planned on having a booth space with their organization at the event so that they could be placed near FBCPC.
- Giving Spirits Charity concert was talked about; event will be held on 4/10 from 7:30-9:30 pm in Sugar Land Town Square. Taylor mentioned that the band has been booked and will be The Strange Days Band, a classic rock group, and it was one of their best concerts in 2014. Meg mentioned that, following the general meeting, the underage drinking committee will review a draft letter and participant form for potential wellness fair vendors who provide services to prevent and reduce alcohol abuse (including underage drinking), since April is Alcohol Awareness Month. Information regarding being a vendor at the event will be sent out before the next meeting and discussed in more depth in sector meetings.
- TABC Retailer training is in the process; discussed in more depth at smaller sector meeting
- Prescription Drug Abuse- outreach efforts to healthcare professionals and research about permanent prescription drop boxes were mentioned; discussed more within committees.
- Tobacco Prevention- The Tobacco committee had an opportunity to meet in December and came up with some great ideas. Susan reached out to a TATU sponsor who offered to have her students create brochures on e-cigarettes. Mickey suggested that the coalition recognize CVS for its decision to not sell tobacco products. Jessica has been trying to connect with the regional manager to see if local stores would post a sign from the coalition and interested partners, thanking them for supporting a smoke-free Fort Bend County. Additionally, members have been connecting with local potential partners in law enforcement and at Prevention Resource Center Region 6 (Bruno is in charge of conducting retail visits in the region to check for compliance), to see how we may collaborate.

Implementation:

- Higher Education conference – Meg talked about the January 9th conference that the coalition and UH Sugar Land collaborated on, another outcome of Evelyn's outreach to Dick Phillips. Representatives from nine 2 and 4-year colleges and universities attended the three hour event. The comprehensive program featured presentations to help the campuses comply with requirements of the federal Drug-Free Schools and Communities Act (DFSCA). Mary Hill, Coordinator for Texas Higher Education Statewide Initiatives for Prevention; coalition member Lisa Minjares-Kyle, who educated attendees about a free peer-to-peer "U in the Driver Seat" available to campuses to reduce impaired driving; and Barbara Dwyer, founder and program coordinator of the University of Houston's Cougars in Recovery Program, presented. Mickey facilitated the workshop and introduced the coalition. Terry and Michele also attended.

Education:

- Mandi Shexnayder & Andrea Ortiz presented on the new Westpark Springs Hospital and showed members a virtual tour via their website. The hospital has recently opened up some of their beds (total 72 bed unit) and are able to currently accept adults, but not adolescents at this time (their unit is scheduled to open soon). When patients arrive, they receive a 2 hour comprehensive assessment to determine their needs and treatment path- the hospital has in and out-patient programs. Westpark Springs sets themselves apart from the others with the implementation of Pet Therapy, TaiChi, Yoga, Basketball Court, Gym and other recreational activities. The hospital lab has the capacity to test for 16 different strands of synthetic marijuana and 12 different types of bath salts. Members were encouraged to reach out to Mandi or Andrea to schedule a tour of the facility at any time.

Meeting Adjourned at 9:40 am

Next Meeting: February 19, 2015 from 8:30-10 am in the FBISD Board Room, Administration Building, 16431 Lexington Blvd., Sugar Land 77479